

Summertime activities abound in August

By Nate Behrends
Evening Activity Coordinator

Quick question for August: where did you go so fast?

August was a very fun-filled month—we had lots of bus rides, fishing, a Saltdogs game, watermelon and homemade ice cream to name a few. Men's group was a big hit this month. For next month we are planning a trip out for fried chicken!

We had no resident birthdays this month, but we celebrated the anniversary of Jack and Janis Westerhoff. Their family brought in malts to help us celebrate. Big thank you to their family for allowing us to be part of the celebration.



Geraldine Fairchild surrounded by JCH&L Gardenside staff as she returns to her home at Apace.

The Huston Solution returned with their music show to perform for everyone here at Gardenside and then Billy Troy made his long-anticipated return to Gardenside, quickly becoming a fan favorite with his deep roots in the Grand Ole Opry and the stories woven with the songs he played and sang so beautifully. Thank you to all the entertainers who bring their talents here to Gardenside.

Pastor Emery and Pastor Hart thank you for your continued diligence in bringing God's word to Gardenside. Thank you, Kitty, for your coffee talks that always bring something new to discuss. And to the ladies of St. Michael's who bring Bingo, a huge shout of thanks! We appreciate you all!

Suddenly, September! (If you've never heard the song by Earth, Wind, and Fire, you should search it and listen!) September will be full of fun as pitch returns. It's a card game not for the faint of heart, at least here at Gardenside, where some good players hope to show their skills. We plan more fishing trips, and bus rides to see the fall foliage and the start of harvest. The men's group is planning an outing and the Red Hat ladies will have their first get-together this month to decide on a project and organization to support. On Saturday, Sept. 7, the classic car cruise will come through the Gardenside parking lot with a polka band leading the way. If you would like to be with your loved ones to watch, please come! They hope to be here between 6:30 p.m. and 7 p.m.

Joyce Torchia returns in September to bring her talents. She is a spark plug, and a lot of fun. Les Lieneman returns after a long hiatus to perform some good-ole-boy country music. Check out the calendar and feel free to come and join us!

See you next month!

Happy Anniversary



Jack and Janis Westerhoff celebrate their wedding anniversary.

Admissions

- Leland "Jim" Roth, Aug. 5
- Robert Cantu, Aug. 27

Return home/transfer

- Renee Henry, Aug. 1
- Geraldine Fairchild, Aug. 15

Birthdays

- Jack Westerhoff, Sept. 18
- Mary Adkins, Sept. 27

Deaths

Gardenside was saddened by the death of 2 residents in the past month. Our sympathy is with the families of:

- Barb Jantzen, Aug. 10
- Rolla Heller, Aug. 23

Our Team to Serve You

Chief Executive Officer

Temporary Interim, Lana Likens
Interim as of Sept. 3, Bill Welch

Administrator

Temporary Interim, Deb Sutton, RN
Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—Kelli Pohlmann,

Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services—Steph McDaniel

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the
Activity Room.

E-mail: wayne.franzen@JCHhealthandLife.org

Website: JCHhealthandLife.org

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or unsubscribe, write: Gardenside News,

P.O. Box 277, Fairbury, NE 68352, call Lana Likens at
402-729-6855, or email

lane.likens@jchealthandlife.org.

Thank you

- Thank you to Joel and Clarice Fredrickson for a donation for entertainment in memory of Dale Maatsch.

JCH&L Leadership Change

Beginning Sept. 3, Bill Welch will be the interim CEO at Jefferson Community Health and Life. Bill previously serviced JCH&L from 1993 to 2013, retiring after 20 years.

Dr. Burke Kline resigned on Aug. 19, and Lana Likens served as temporary interim CEO until Sept. 3.

Deb Sutton, RN, was appointed as temporary interim administrator of JCH&L Gardenside.

Facetime and Skype

Facebook and Skype are available. Please schedule calls ahead of time to ensure staff availability to assist.

To schedule a time,
call (402) 729- 5220 (press 1)

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

SEPTEMBER 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Church Radio/ T.V.	2 	3 10:00 Pitch 2:00 BINGO	4 10:00 Balloon Tennis/ W/C Aerobics 4:00 Joyous Moments	5 10:00 Coffee with Kitty 2:00 Current Events	6 10:00 Bus Ride 2:00 Husker Tailgate	7 Colorado vs. Nebraska @ 6:30 PM
8 Grand Parents E.M.	9 10:00 Big Ring Bowling 2:00 Fishing	10 10:00 Pitch 2:00 Bus Ride	11 9:30 Wheelchair Aerobics 2:00 BINGO	12 10:00 Video Church 2:00 Current Events	13 10:00 Wheel of Fortune 2:00 Husker Tailgate	14 Northern Iowa vs. Nebraska @ 6:30 PM
15 Homestead Harmonizers @ Cedarwood	16 10:00 Chicken Pick'n 2:00 Fishing 6:45 Bus Ride	17 10:00 Pitch 2:00 Les Leman 6:45 Crossword	18 10:00 Balloon Tennis/ W/C Aerobics 2:00 Birthday Party! 6:45 Bus Ride	19 10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	20 10:00 Crossword 2:00 Husker Tailgate Illinois vs. Nebraska @ 7 PM	21 Enjoy the Day!!
22 Apple Autumn	23 10:00 Pitch 2:00 Big Ring Bowling 6:45 Bus Ride	24 10:00 Bible Trivia 10:45 Pastor Paul 2:00 Fishing 6:45 Word Games	25 10:00 Wheelchair Aerobics 2:00 Xmas 4th 6:45 Crossword	26 10:00 Video Church 2:00 Current Events	27 10:00 Husker Tailgate 2:00 Colfax Game 4:30pm 4th 6:45 JUNGLE	28 Nebraska vs. Purdue @ 11 AM
29 Church Radio/ T.V.	30 10:00 Pitch 2:00 Bus Ride 6:45 Crossword	1	2	3	4	5 Rutgers vs. Nebraska TBA



**Happy Birthday!!
Jack Westerhoff 18th
Mary Adkins 27th**



September 2024 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 L: Glazed meatloaf S: Chicken tenders	2 L: Chicken fried chicken S: Smoked pork sandwich	3 L: Swiss steak S: Fried Shrimp	4 L: Liver and onions S: Philly cheese steak sandwich	5 L: Salmon patty S: Steak fingers	6 L: Breaded fish au gratin S: Chicken Parm	7 L: Chef salad S: BBQ Meatballs
8 L: Oven fried chicken S: Polish sausage on a bun	9 L: Beef tacos S: chicken lasagna	10 L: Creamy Swiss chicken S: Sloppy joe	11 L: Meatloaf S: Turkey club on croissant	12 L: Chicken teriyaki S: Pork roast	13 L: Oven fried fish S: Chili	14 L: Roast beef S: Chicken tender salad
15 L: Bacon wrapped chopped steak S: Tuna melt	16 L: Beef stir fry S: Cream chicken and biscuits	17 L: Pork tenderloin S: Spagetti and meat sauce	18 L: Chicken Fried Steak S: Pizza	19 L: Beef tips with peppers and onions S: Fairbury hot dog	20 L: Shrimp alfredo S: Boneless barbecue wings	21 L: Glazed ham S: Patty melt
22 L: Turkey roast S: Philly Cheese Steak	23 L: Chicken enchilada S: Kielbasa	24 L: Chicken cordon bleu S: Baked Ziti	25 L: Chef salad S: Sloppy joe	26 L: Runza casserole S: BBQ Rib sandwich	27 L: Beer battered fish S: Hot roast beef and Swiss sandwich	28 L: Salisbury steak S: Fried shrimp
29 L: Roast beef S: Pork firtter	30 L: BBQ meatballs S: Cranberry children salad sandwich					

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Fishing and eating watermelon



Top left, Roger Junker fishing. Top right, Jim Roth and Jack Westerhoff enjoying watermelon. Middle right, Beverly Leseberg fishing; Bottom left, Faye Francis eating watermelon; Bottom right, Joan McKenzie enjoying watermelon.

Fun comes in many varieties—parfaits and Bingo



Clockwise from top left: Beverly Leseberg enjoys a parfait; Ella Schafer tries parfaits; Ivan Zimmerman, Jim Roth and Bruce Grummert try parfaits; Dorothy Reid, Beverly Leseberg and Joan McKenzie play Bingo; Virgil Waserman and Mark Schmidt play Bingo.



Thank you notes

On behalf of the family of Elda Heideman, we wish to donate her memorial money to Gardenside for the upkeep and care of the Gardens she enjoyed so much! Thank you very much for your love and care for our mother, Elda Heidemann!

Marilyn Bachle and family

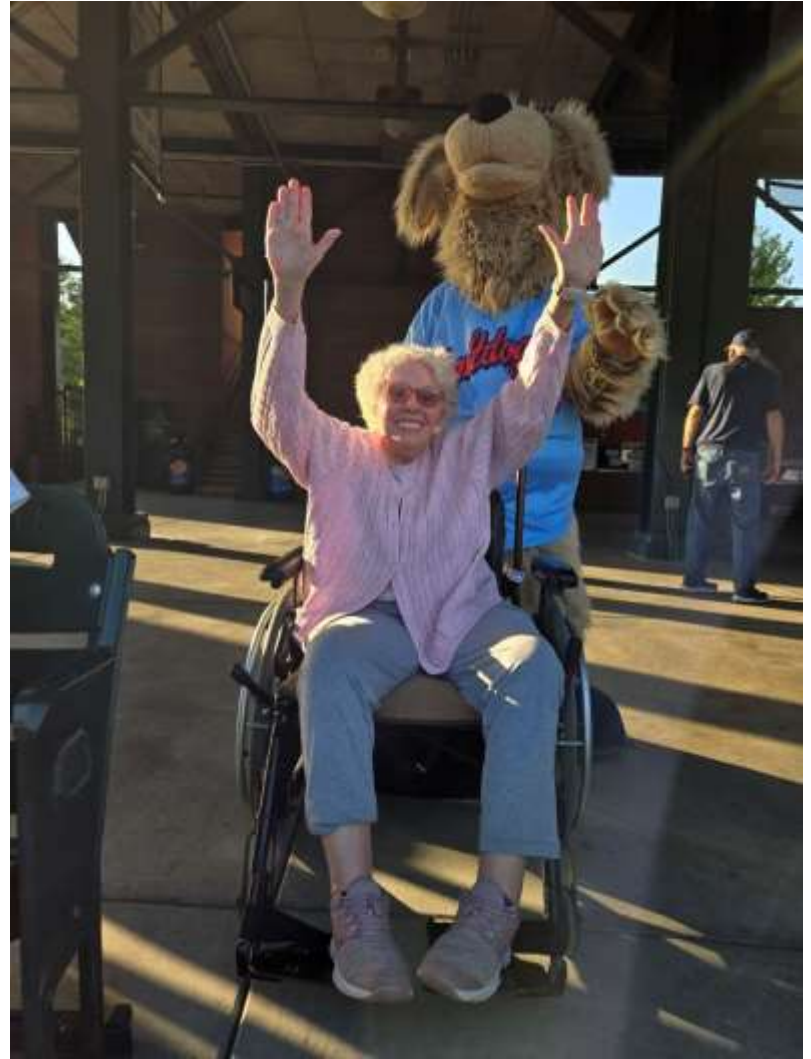
Thank you for the faith plate. We appreciate your thoughtfulness. Our hearts were overflowing with thankfulness for the amazing love and care you gave to mom during her stay at Gardenside. She enjoyed the jokes, music, and personal attention. We couldn't have asked for a better home for mom. Take care. Love, Joel and Clarice



Top left, Mike and Jan Slater; top right, nurse Tara serves peaches to Bruce Grummert. Bottom right, entertainer dances with Geraldine Fairchild as other residents look on.

Left, Melody York. Right, nurse Tara serves peaches to Ivan and Arlene Zimmerman.

Cheering on the Saltdogs!



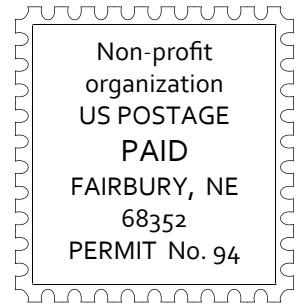
Top left, Jack Westerhoff and CNA Sam pose with the Saltdogs mascot. Top right, Geraldine Fairchild cheers on the Saltdogs with the mascot. Bottom left, our view from the stands. Go Saltdogs!

Carnival games bring summer fun to residents



Playing carnival games—clockwise from top left: Carol Hart, Geraldine Fairchild, Beverly Leseberg, Dorothy Reid, Beverly Leseberg and Mike Slater.

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Welcome to a new volunteer



Welcome to Alex, a new volunteer, who enjoys helping balloon tennis and other activities.