

## Halloween and harvest fun in October

**By Nate Behrends**  
**Evening Activity Coordinator**

Out with the scare and in with the harvest. November brings into the forefront the bird that Ben Franklin wanted to be our national bird—the turkey! The turkey is often in the middle of a table decorated and filled with the bounties of a thankful family as they sit down for a feast with family and friends.

October brought the return of the Haunted Garden, with more scares for those who dared to venture through the Hall of Scare and past our residents who smiled and handed out treats to all the ghouls, monsters, princesses and all the other costumes. (Watch for photos next month!)

October brought the return of the Ben Tomasello, who came to entertain and brought a guest to help him. They did a wonderful job! Joe Taylor, Mr. Memories, also returned, and brought his velvet voice with songs of yesteryear to the audience right in his hands.

It was a Dalmatian plantation around here this month as residents and staff prepared for Halloween. We made Dalmatian clothing recreating our version of the beloved classic 101 Dalmatians. We had a lot of fun behind the scenes make the costumes and props.

The Haunted Garden was a big hit. It grew a bit from last year with a few more scares. Lots of staff and residents decorated the doors down the hall of scare and were entered into a contest. Winners will be announced next month.

Community Concerts started in October and several ventured out to see the show. We held a birthday party for October birthdays with cake and ice cream for all. Happy birthday to Galen Meyer, Mark Schmidt, Bob Weers and Melody York.

In November we will welcome Mark Irvin to Gardenside, a new entertainer will weave his tale through song. Bill Chrastil returns to Gardenside in November after a long hiatus. Please come and join us as we welcome him back! On Veterans Day, Nov. 11, Scott DeLong, pilot with Dream Flights, will speak. Watch our website and Facebook for the time of this special celebration of our veterans. IF WE CAN COME UP WITH THE TIME BY TUESDAY AT NOON I CAN INCLUDE THE TIME FOR VETERANS' DAY.

Til next time, God bless.



Bruce Grummert shows off a shirt he made for Halloween.

## Happy Retirement



Vicky Kenley gets a hug from Steph DeFrain. A retirement party was held for Vicky for her retirement.

## Admissions

- Don Mahlman, Sept. 23
- Donald Barber, Oct. 1
- Leland "Jim" Roth, Oct. 2
- Thomas Murphy, Oct. 4
- Ina Hill Carriker, Oct. 11
- Janice Churchill, Oct. 18

## Return home/transfer

- Ivan Zimmerman, Oct. 10

## Birthdays

- Melvin Melander, Nov. 24

## Deaths

Gardenside was saddened by the death of 3 resident in the past month. Our sympathy is with the families of:

- Leland "Jim" Roth, Oct. 9
- Dwain Compton, Oct. 21
- Dorothy Stewart, Oct. 27

## Our Team to Serve You

### Chief Executive Officer

Bill Welch, Interim

### Administrator

Temporary Interim, Deb Sutton, RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—Kelli Pohlmann,

Mary Feldkamp

### Activities Coordinators

Wayne Franzen, Nate Behrends

### Rehabilitation Aide

Karen Spilker

### Dietitian

Lisa Edeal, Cassie Whitmore

### Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services—Steph McDaniel

### Director of Purchasing

Jennifer Jung

### Director of Public Relations

Lana Likens

### **Most recent state survey:**

In a folder on east side of the wall by the Activity Room.

**E-mail:** wayne.franzen@JHealthandLife.org

**Website:** JHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe

or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lana.likens@jhealthandlife.org.

## Subscriptions

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***\*\*If you have a family member, friend or volunteer who would like to receive the newsletter, please have them call Lana Likens at (402) 729-6855 and ask to be added to the Gardenside mailing list. It is free! Please give name, address, and city state and ZIP.***

The newsletter can also be found on our website at [JHealthandLife.org/locations/Gardenside](http://JHealthandLife.org/locations/Gardenside), "download Gardenside News."

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

# Happy NOVEMBER 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
<b>Church Radio/ T.V.</b>	10:00 Pitch 2:30 Marc ylin 6:45 Crossward	10:00 Frog Pond 2:00 Cooking Class (Chocolate Fudge) 6:45 Turkey Craft	10:00 Balloon Tennis/ W/C Aerobics 2:00 Birthday Party 6:45 - NGO	10:00 Coffee with Kitty 2:00 Current Events	10:00 Fancy Nails 2:00 Tailgate 6:45 Pitch	<b>Nebraska vs. UCLA @ 2:30</b>
3	4	5	6	7	8	9
<b>Church Radio/ T.V.</b>	10:00 Pitch 2:00 Scott Delong	10:00 Where of Arturo 2:00 Drawing Class Turkey Bro Cookies 6:45 Pitch	10:00 Balloon Tennis 2:00 Turkey Pairing 6:45 Crossward	10:00 Bible Trivia 2:00 Current Events	10:00 Wheelchair Walks 2:00 Happy Hour 6:45 word Games	<b>Say What You Are Thankful For!</b>
10	11	12	13	14	15	16
<b>Church Radio/ T.V.</b>	10:00 Pitch 1:00 Resident Council 2:00 Turkey Toss	2:00 St. Michaels BINGO	10:00 Balloon Tennis/ W/C Aerobics 2:00 Working on Turkeys	10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	10:00 Fancy Nails 2:00 Tailgate 6:45 Turkey Jingo	<b>Nebraska vs. USC TBA</b>
17	18	19	20	21	22	23
<b>Church Radio/ T.V.</b>	10:00 Pitch 2:00 BINGO 6:45 Finish Turkey/ Carnocopies	10:45 Pastor Hart 3:00 Bill Christil 6:45 Pitch	10:00 Balloon Tennis/ 2:00 Cooking Class (Poppy Chow) 6:45 Ole Glory	10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	10:00 wheelchair Walks 2:00 Tailgate 6:45 Word Games	<b>Nebraska vs. Wisconsin TBA</b>
24	25	26	27	28	29	30
<b>Church Radio/ T.V.</b>				<b>Happy Thanksgiving</b>	10:00 Fancy Nails 2:00 Happy Hour <b>Nebraska vs. Iowa 6:30 PM</b>	<b>Visit with A Friend!</b>



# November 2024

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> L: Shepherd's Pie S: Pork roast	<b>2</b> L: Breaded Ranch Chicken S: Sloppy Joe
<b>3</b> L: Pot roast, mashed potatoes and gravy S: Chicken tenders	<b>4</b> L: Smothered steak with onions S: Chicken parmesan	<b>5</b> L: Liver and onions S: Smoked Sausage	<b>6</b> L: Beef stroganoff with noodles S: Chili, cinnamon roll	<b>7</b> L: Baked ham S: Chicken fried chicken	<b>8</b> L: Baked fish S: Turkey tetrazzini	<b>9</b> L: Meatloaf S: Reuben
<b>10</b> L: Chicken Fried Steak S: Chicken Tenders	<b>11</b> L: Ham loaf S: Egg bake, sausage link and french toast	<b>12</b> L: Pork roast and kraut S: Hamburger pizza	<b>13</b> L: Tator Tot Casserole S: Pork fritter	<b>14</b> L: Chicken cordon bleu S: Lasagna	<b>15</b> L: Hot turkey sandwich S: Steak fingers	<b>16</b> L: Oven fried chicken S: Bratwurst on a bun
<b>17</b> L: Mock filet mignon S: Fish sticks	<b>18</b> L: Hot roast beef sandwich S: Swedish meat balls	<b>19</b> L: Chicken enchilada S: Chili	<b>20</b> L: Sirloin tips S: Chicken broccoli bake	<b>21</b> L: Shrimp Alfredo S: Chicken tenders	<b>22</b> L: Breaded baked fish S: Hot roast beef and Swiss sandwich	<b>23</b> L: Chuck wagon steak S: Hot turkey sandwich
<b>24</b> L: Oven fried chicken S: Patty melt	<b>25</b> L: Beef stew S: Beer battered fish	<b>26</b> L: Roast turkey S: Lasagna	<b>27</b> L: Tacos S: Creamy chicken biscuit	<b>28</b> L: Thanksgiving dinner S: Chili, cinnamon roll	<b>29</b> L: Fried shrimp, onion rings S: Egg bake, sausage, waffle	<b>30</b> L: Roast beef, baked potato S: Turkey Tetrazzini

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

# Enjoying Entertainment



# Preparing for Halloween Costumes



*Residents work on Dalmatian shirts for Halloween. Top, Joan McKenzie. Bottom, from left—Beverly Leseberg, Lois Wrigley, Janice Churchill.*

## Surrounded by spots!



*More Halloween t-shirt work. Top, Janis Westerhoff. Bottom, left to right—Jack Westerhoff, Lois Wrigley.*



## Apple picking



*Enjoying time out picking apples—Gardenside residents went out picking apples this fall. Top, from left, Bruce Grummert, Mike Slater, Faye Francis.*

*Bottom, left, Bruce Grummert; abundance of apples on the tree and on the ground.*



## Special visitor



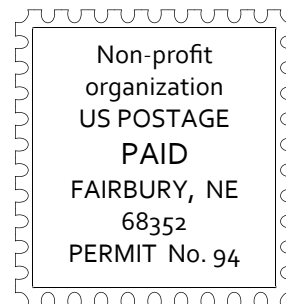
*Staff member Billie brought her dog to visit, and residents enjoyed it.*

*Top, from left, Billie and Norris Gold; Connie Mahlman, Don Mahlman and Billie.*

*Bottom, Tom Murphy and Billie.*



2200 H St. P.O. Box 277  
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

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*Photos Inside!*

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## *Happy Birthday*



*Celebrating October birthdays were Galen Meyer, Mark Schmidt and Bob Weers. Not pictured, Melody York.*