

Season of thanks moves into holiday season

By Nate Behrends

Evening activity coordinator

During December, carolers from all over came out to sing for everyone here at Gardenside. Unfortunately by mid-December they were not able to come inside, but they braved the chilly air to bring the message of hope and love through song to all who live here. We thank all of our caroling groups for their kindness and flexibility!

Paul Ramp came to perform for everyone here for the first time in a while. He had toes a tappin' with his melodies of yesteryear. Bobby Gadoury was scheduled to perform for our Christmas open house, which was postponed because of illness. Bobby will be rescheduled for a later date.



We had lots of carolers in December— Students from St. Paul Lutheran School at Plymouth came while they could still perform in the dayroom. Other groups were able to perform outside. Residents enjoyed them all.

To the community, a great big love-filled hug from all here at Gardenside for coming together and helping not only Gardenside but other facilities in Fairbury have a great Christmas. Your love, support and generosity is overwhelming and greatly appreciated. Thanks to Gina Grizzle for putting this great Christmas idea together. No words can thank you enough—but thank you from all of us at Gardenside.

A special Christmas birthday wish to Maurice (Pete) Cumro, as we celebrated his 101st birthday on Christmas.

As we look at January, Rick Clarence will be coming to Gardenside to perform, and a brand new performer for us—Tom Roth—will bring his stylings for everyone to enjoy.

Happy New Year! See you in 2025!

JCH&L to Welcome New CEO

Holly Wolff, MHA, has been selected as the next CEO of Jefferson Community Health and Life. Wolff follows Bill Welch who has served as interim CEO since September.

Wolff most recently served as administrator at Mount Edgecumbe Medical Center/SEARHC, in Sitka, Alaska. She was previously chief executive officer at Roundup Memorial Healthcare in Roundup, Montana, and Ashley Medical Center in Ashley, North Dakota, and Family Practice Center and Family Medicine Residency Administrator at the Northeast Iowa Medical Education Foundation in Waterloo, Iowa. She said she loves rural health care, and the communities they serve.

Wolff was chosen by the JCH&L board of directors from among more than 100 applicants for the position. Four candidates brought to Fairbury for on-site interviews.

Her anticipated start date is Jan. 6, 2025.

Admissions

- Judy Gutzmer, Dec. 12
- Darlene Rehm, Dec. 17

Birthdays

- Faye Francis, Jan. 8
- Joyce Brantley, Jan. 30



Deaths

Gardenside was saddened by the death of 2 residents in the past month. Our sympathy is with the families of:

- Sharon Pribyl, Nov. 28
- Eldean Banahan, Nov. 28
- Gaylen Meyer, Dec. 22
- JoAn Vorderstrasse, Dec. 27
- Maurice Cumro, Dec. 29

Our Team to Serve You

Chief Executive Officer

Bill Welch, Interim

Administrator

Temporary Interim, Deb Sutton, RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—Kelli Pohlmann,

Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services—Steph McDaniel

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the

Activity Room.

E-mail: wayne.franzen@JCHhealthandLife.org

Website: JCHhealthandLife.org

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or unsubscribe, write: Gardenside News,

P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email

lana.likens@jchhealthandlife.org.

Changes because of COVID

Starting on Dec. 12, Gardenside made some changes due to a few COVID cases begin diagnosed among our residents and high COVID, flu and RSV rates in our community. Currently, all staff and visitors are required to mask while in Gardenside.

While visitation is not restricted, we ask everyone not to visit if you have any symptoms of illness or are not feeling well. Those are visiting a resident who has been diagnosed with illness will need to wear personal protective equipment including gowns and masks (which we will provide.)

Residents are currently not sharing meals in the dining room, but are having meals delivered to their rooms. They can be out in the day room if they are masked, and we are limited this to a small number of residents at a time to strive to prevent passing any illnesses between residents. Guests are currently not able to share meals with our residents.

Our Christmas open house was postponed due to illness. We are planning to reschedule, and will let families know the new date.

As always, please remember good hand hygiene and social distancing.

If you have any questions or concerns please do not hesitate to contact Laura DeBoer at 402-587-5228.

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.



JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 <i>Happy New Year!</i>	2 10:00 Coffee with Kiffy 2:00 Current Events	3 10:00 Horse Racing 2:00 Happy Hour	4 Make New Year's Resolutions!
5 Church Radio/ T.V.	6 10:00 Pitch 2:00 BINGO 6:45 Crossword	7 10:00 Snowball Toss 2:00 Table Hockey 6:45 Pitch	8 10:00 Balloon Tennis 2:00 Birthday Party! 6:45 Everybody Knows	9 10:00 Bible Trivia 11:00 Ladies Club (Chicken Dinner) 3:00 Current Events	10 10:00 Fancy Nails 3:00 Rick Clarence 6:45 National Parks Jingo	11 Snuggle Up with a Warm Blanket!
12 Church Radio/ T.V.	13 10:00 Pitch 2:00 Big Ring Bowling 6:45 JINGO	14 10:00 Sock Snowmen 2:00 Cooking Class (brownies) 6:45 Pitch	15 10:00 One on Ones 2:00 Bean Bag Twister 6:45 Crossword	16 10:00 Bible Trivia 10:45 Pastor Emery 2:00-3:30 Bobby Gadoury	17 10:00 Snowball Shovel 2:00 Happy Hour! 6:45 5 Senses	18 Watch a Winter Movie!
19 Church Radio/ T.V.	20 10:00 Pitch 1:30 Resident Council 2:00 BINGO 6:45 Finish the Line	21 10:00 Ping Pong Bounce 2:30 Tom Ruth 6:45 Pitch	22 10:00 Balloon Tennis 2:00 Chicken Flickin (with a Twist!) 6:45 Old Glory	23 10:00 Bible Trivia 2:00 Current Events	24 10:00 Fancy Nails 2:00 Happy Hour! 6:45 Spring Time Jingo	25 Cozy Up with A Hot Chocolate!
26 Church Radio/ T.V.	27 10:00 Pitch 2:00 BINGO 6:45 This That and Everything	28 10:45 Pastor Hart 2:00 Potting Toss 6:45 Pitch	29 10:00 Balloon Tennis 2:00 Hungry Hippo 6:45 Crossword	30 10:00 Bible Trivia 2:00 Current Events	31 10:00 one on Ones 2:00 Happy Hour! 6:45 Headbands	1



January 2025

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<i>1</i> L: Tacos S: Creamy chicken biscuit	<i>2</i> L: Pork roast, mashed potatoes and gravy S: Chili, cinnamon roll	<i>3</i> L: Fried shrimp, onion rings S: Egg bake, sausage, waffle	<i>4</i> L: Roast beef, baked potato S: Turkey Tetrazzini
<i>5</i> L: BBQ Meatballs, au grain hashbrowns S: Chef salad	<i>6</i> L: Spagetti, garlic bread S: Fairbury hotdog, baked beans	<i>7</i> L: Roast turkey, mashed potatoes and gravy S: Hamburger or pepperoni pizza	<i>8</i> L: Beef and broccoli stir fry S: Tuna melt	<i>9</i> L: Oven fried chicken S: BBQ Ribete	<i>10</i> L: Shepherd's Pie S: Pork roast	<i>11</i> L: Breaded Ranch Chicken S: Sloppy Joe
<i>12</i> L: Pot roast, mashed potatoes and gravy S: Chicken tenders	<i>13</i> L: Smothered steak with onions S: Chicken parmesan	<i>14</i> L: Liver and onions S: Smoked Sausage	<i>15</i> L: Beef stroganoff with noodles S: Chili, cinnamon roll	<i>16</i> L: Baked ham S: Chicken fried chicken	<i>17</i> L: Baked fish S: Turkey tetrazzini	<i>18</i> L: Meatloaf S: Reuben
<i>19</i> L: Chicken Fried Steak S: Chicken Tenders	<i>20</i> L: Ham loaf S: Egg bake, sausage link and french toast sticks	<i>21</i> L: Pork roast and kraut S: Hamburger pizza	<i>22</i> L: Tator Tot Casserole S: Pork fritter	<i>23</i> L: Chicken cordon bleu S: Lasagna	<i>24</i> L: Hot turkey sandwich, with gravy S: Steak fingers	<i>25</i> L: Oven fried chicken S: Bratwurst on a bun
<i>26</i> L: Mock Filet Mignon S: Fish sticks	<i>27</i> L: Hot roast beef sandwich S: Swedish meat balls	<i>28</i> L: Chicken enchilada S: Chili, cinnamon roll	<i>29</i> L: Sirloin tips with peppers and onions S: Chicken broccoli bake	<i>30</i> L: Shrimp Alfredo over noodles S: Chicken tenders	<i>31</i> L: Baked fish S: Hot roast beef and Swiss sandwich	

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Wacky Hair and Hat Day Enjoyed by Staff and Residents



Residents and staff enjoyed wacky hair and hat day in December—sporting wacky hats or hair are: top row, left to right: Vivian Belding and Tara Sasse, RN; JoAn Vorderstrasse; Alyson Petersen, CNA; Bottom row, left to right: Faye Francis; Kayla Garst, CNA; Morgan Laflen, CNA.



Check out our website — JHealthandLife.org
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Residents Enjoy Christmas Gifts

In addition to gifts from family and friends, this year each Gardenside resident received Christmas gifts from the JCH&L Auxiliary (a long-time tradition); from JCH&L staff members who “adopted” residents; and from community members who participated in a project to provide gifts for residents of Gardenside, Heritage and Cedarwood. Thank you all for your care!



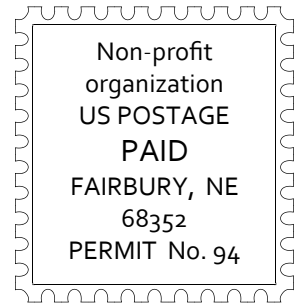
Top row, left to right: Janis Westerhoff; Jack Westerhoff; Faye Francis; Bottom row, left to right: Janice Churchill; Ervin Hennerberg; Roger Junker.

More Gift Opening



Top row, from left: Pete Cumro; Darlene Keuten and Wayne Franzen, activities; Judy Gutzmer; Middle row, from left: Norris Gold and Karen Spilker, CNA; Brenda Placek, RN, and Mary Adkins; Bottom row, from left: Joan McKenzie (top), Darlene Rehm (bottom); Virgil Wasserman and Kristynnn Schmidt, CNA.

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday



Celebrating his December birthday was Maurice (Pete) Cumro.