

## Variety of activities planned for February

By Nate Behrends

Evening activity coordinator

January came and went very quickly this year. Rick Clarence came back to entertain at Gardenside for the first time in a while, and a brand-new face to our entertainment circle did not disappoint. Tom Roth brought his song stylings to Gardenside for the first but differently not the last time as Tom had the crowd in his hand the entire performance. Bobby Gaduary came back to entertain as a returning fan favorite. He had everyone singing and clapping along. Thanks, Bobby, Rick and Tom.

Bingo, pitch, crossword, Hungry Hippos, table hockey, chicken flicken' were just some of the many games we played.

Wayne made sock snowmen with the residents and classy nails with the ladies.

Cooking class is always fun with several different recipes tried, and, of course, tailgates have morphed into happy hours. A birthday party was held. Jody Brantley and Faye Francis celebrated their birthdays this month. February has no birthdays as of now.

As the weather begins to warm and the days get longer, we will return to our outings with bus rides and fishing, etc.

As February begins with a Bop the Groundhog game as the residents get a chance to bop the CNA staff on the head as we become groundhogs for the morning. Coffee with Kitty returns. Mike McCracken will be bringing his song stylings back to Gardenside, as well as Johnny Ray Gomez, a fan favorite with a career spanning over 70 years. Johnny got his start playing all dance halls in Jan-sen and surrounding communities. And I get to say "HEEEEEERE's Johnny!"

Masking is still required as this letter is written to help keep your loved ones safe. Thank you to all family, nurses, care staff and all staff for your diligence in this sometimes-trying time. And remember a rising tide raises all ships.

Lots of other activities will fill in the days here as we are continuing to change and grow with our demographic. We wish you all a great February and thank you again for all of your support. You're the greatest. See you next month!



**Bev Leseburg rings some bowling pins in Big Ring Bowling as Wayne Franzen, Don Mahlman and Lois Wrigley watch.**

# Sharing Birthday Cupcakes



*Birthday girl Faye Francis shared cupcakes with everyone for her January birthday. Thank you, Faye and family!*

## Admissions

- Dona Glenn, Jan. 6
- Utha Furrow, Jan. 13
- Barb Schoenrock, Jan. 17
- Shirley Zenger, Jan. 29

## Birthdays

- None in February

## Return home/transfer

- Judy Gutzmer, Jan. 8
- Barb Schoenrock, Jan. 23

## Deaths

Gardenside was saddened by the death of 1 resident in the past month. Our sympathy is with the families of:

- Reuben Pribyl, Jan. 17

## Thank you

Thank you to the family of Janice Churchill for a kind monetary donation.

### Our Team to Serve You

Chief Executive Officer

Holly Wolff, MHA

Administrator

Temporary Interim, Deb Sutton, RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services— Steph McDaniel,

Housekeeping/laundry supervisor—

Melissa McBride

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

**Most recent state survey:**

In a folder on east side of the wall by the Activity Room.

**E-mail:** wayne.franzen@JCHhealthandLife.org

**Website:** JCHhealthandLife.org

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P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email

lana.likens@jchealthandlife.org.

## Thank you letter from family

Dear Gardenside staff,

During this holiday season, we wanted to take a moment to express our heartfelt gratitude for the incredible care, compassion and kindness you show every day.

As our mother continues her journey through the challenges of dementia, it brings us great comfort to know she is in the hands of such dedicated and compassionate individuals. Your efforts to keep her safe, nourished, and comfortable do not go unnoticed.

We recognize the tremendous dedication it takes to do what you do, often under difficult circumstances. Your patience, empathy and unwavering commitment make a difference not only in the lives of the residents but also in the lives of their families.

In appreciation of all you do, please accept this monetary gift as a token of our heartfelt thanks. We hope it can be utilized in whatever way best supports and honors your amazing team. Please know it comes from a place of deep gratitude and respect for the work you do every day.

Wishing each of you much joy this Christmas season and may the year ahead bring you health and happiness.

With our deepest appreciation,

The children of Janice Churchill: Russ and Jayne, David and Gayle, Carmen and Nate

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

# ♥♥♥♥♥ FEBRUARY ♥♥♥♥♥ 2025




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<b>Church Radio/ T.V.</b>	10:00 Pitch 2:00 Wack a Groundhog 6:45 Crossword	10:00 Ping Pong Bounce 2:00 BINGO 6:45 Pitch	10:00 One on Ones 2:00 Table Top Pong 6:45 JINGO	10:00 Coffee with Kitty 2:00 Current Events	10:00 Fancy Nails 2:00 Happy Hour! 6:45 Head Bands	<b>Listen to Love Songs!</b>
2	3	4	5	6	7	8
<b>Church Radio/ T.V.</b>	10:00 Pitch 3:00 Mike McCracken 6:45 Finish The Line	10:00 Tic Tac Toe Seniors Group 2:00 Table Hockey 6:45 Pitch	10:00 Valentine Rock Painting 2:00 Cooking Class (Blooming Onion) 6:45 Music with Nattie	10:00 Bible Trivia 2:00 Current Events	<b>Valentine's Day</b> 10:00 Crowning of Valentine King & Queen 2:00 Happy Hour!	<b>Read a Romance Novell</b>
9	10	11	12	13	14	15
<b>Church Radio/ T.V.</b>	10:00 Pitch 1:30 Resident Council 2:00 Horse Racing 6:45 Crossword	10:00 Wheel of Fortune 2:00 St. Michael's Bingo 6:45 Pitch	10:00 Balloon Tennis 2:00 Linda Bundy Karaoke	10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	10:00 Fancy Nails 2:00 Happy Hour! 6:45 Everybody Knows	<b>Watch a Romantic Movie!</b>
16	17	18	19	20	21	22
<b>Church Radio/ T.V.</b>	10:00 Pitch 2:00 BINGO 6:45 JINGO	10:45 Pastor Hart 1:30 Johnny Ray Gomez 6:45 Pitch	10:00 Frog Pond 2:00 Cooking Class 6:45 Crossword	10:00 Songs & Prayer with Kitty 2:00 Current Events	10:00 Wheelchair Walks 2:00 Happy Hour! 6:45 5 Senses	<b>Write a Love Letter!</b>
23	24	25	26	27	28	1
<b>Church Radio/ T.V.</b>	10:00 Pitch 2:00 BINGO 6:45 JINGO	10:00 Wheelchair Walks 2:00 Happy Hour! 6:45 5 Senses	10:00 Wheelchair Walks 2:00 Happy Hour! 6:45 5 Senses	10:00 Wheelchair Walks 2:00 Happy Hour! 6:45 5 Senses	10:00 Wheelchair Walks 2:00 Happy Hour! 6:45 5 Senses	<b>Visit with a Friend!</b>

*Happy*  
**VALENTINE'S DAY**

**No February Birthdays**



# February 2025

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> L: Chuck wagon steak S: Hot turkey sandwich
<b>2</b> L: Oven fried Chicken, baked potatoe S: Patty Melt	<b>3</b> L: Beef stew S: Beer battered fish	<b>4</b> L: Roast turkey S: Lasagna, garlic bread	<b>5</b> L: Tacos S: Creamy chicken biscuit	<b>6</b> L: Pork tenderloin, parmesan fried potatoes S: Chili, cinnamon roll	<b>7</b> L: Fried shrimp, onion rings S: Egg bake, sausage, waffle	<b>8</b> L: Roast beef, baked potato S: Turkey Tetrazzini
<b>9</b> L: BBQ Meatballs, au gratin hashbrowns S: Chef salad	<b>10</b> L: Spagetti, garlic bread S: Fairbury holdog, baked beans	<b>11</b> L: Roast turkey, mashed potatoes and gravy S: Hamburger or pepperoni pizza	<b>12</b> L: Beef and broccol stir fry S: Tuna melt	<b>13</b> L: Oven fried chicken S: BBQ Ribette	<b>14</b> L: Shepherd's pie S: Pork roast	<b>15</b> L: Breaded Ranch Chicken S: Sloppy Joe
<b>16</b> L: Pot roast, mashed potatoes and gravy S: Chicken tenders	<b>17</b> L: Smothered steak with onions S: Chicken parmesan	<b>18</b> L: Liver and onions S: Smoked Sausage	<b>19</b> L: Beef stroganoff with noodles S: Chili, cinnamon roll	<b>20</b> L: Baked ham S: Chicken fried chicken	<b>21</b> L: Baked fish S: Turkey tetrazzini	<b>22</b> L: Meatloaf S: Reuben
<b>23</b> L: Chicken Fried Steak S: Chicken Tenders	<b>24</b> L: Ham loaf S: Egg bake, sausage link and french toast sticks	<b>25</b> L: Pork roast and kraut S: Hamburger pizza	<b>26</b> L: Tator Tot Casserole S: Pork fritter	<b>27</b> L: Chicken cordon bleu S: Lasagna	<b>28</b> L: Hot turkey sandwich, with gravy S: Steak fingers	

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

## Variety of Activities Keep Residents Active



*Clockwise from top left, Darlene Rehm and Bruce Grummert play flickin' chicken; Lois Wrigley throws the ring in Big Ring bowling; Bobby Gadoury performs for residents; Vivian Belding, Lois Wrigley, Bev Leseberg and Darlene Keuten enjoy entertainment; Tom Roth performs for residents.*

# New activity—Potty toss—bring some laughs



*Playing the Potty Toss, clockwise from top left: Mike Slater, Jan Slater, Dale Hill, Dorothy Reid; Ina Hill Carriker, Bruce Grummert, Lois Wrigley; Carol Hart, Janis Westerhoff; Carol Hart, Janis Westerhoff, Mike and Jan Slater; Dale Hill, Dorothy Reid, Ina Hill Carriker.*

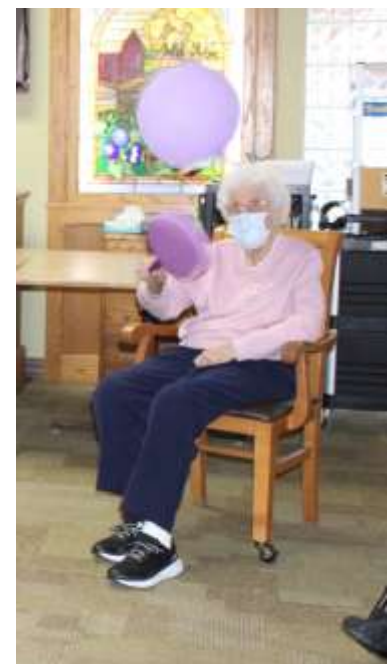


# Congratulations, Tiffanie Dietl

Tiffanie Dietl, Gardenside CNA, gave birth to a baby boy, Walker Wayne Olds on Jan. 20, 2025, at 11:49 a.m. He weighed 7 pounds, 4.6oz., and was 18 1/2 inches long. Congratulations, Tiffanie!

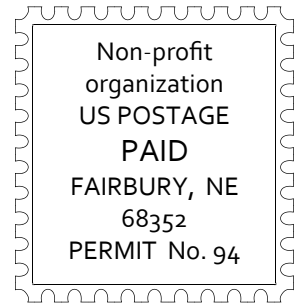


## Keeping eyes on the balloon in balloon tennis



*Top left, Mike Slater, Darlene Rehm and Bev Leseberg; top right Ina Hill Carriker takes a shot at the balloon; Bottom, Bruce Grummert and Mike Slater are ready.*

2200 H St. P.O. Box 277  
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

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*Photos Inside!*

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## *Happy Birthday*



*Celebrating January birthdays were Faye Francis and Jodie Brantley. Everyone enjoyed cake and ice cream in honor of their birthdays.*