U.S. Department of Transportation
Federal Motor Carrier Safety Administration

OMB No.: 2126-0081
Expiration Date: 01/31/2027

A Federal agency may not conduct or sponsor, and a person is not required to respond to, nor shall a person be subject to a penalty for failure to comply with a collection of information subject to the requirements of the Paperwork Reduction Act unless that collection of information displays a current valid OMB Control Number. The OMB Control Number for this information collection is 2126-0081. Public reporting for this collection of information is estimated to be approximately 8 minutes per response, including the time for reviewing instructions, gathering the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: Information Collection Clearance Officer, Federal Motor Carrier Safety Administration, MC-RRA, 1200 New Jersey Avenue SE, Washington, D.C. 20590.

NON-INSULIN-TREATED DIABETES MELLITUS ASSESSMENT FORM

Driver Name: ______________________________ **DOB:** ______________

The individual named above is being evaluated to determine whether the individual meets the physical qualification standards of the Federal Motor Carrier Safety Administration to operate a commercial motor vehicle in interstate commerce. During the medical evaluation, it was determined this individual has a diagnosis of non-insulin-treated diabetes mellitus. Although there is not a standard specific to non-insulin-treated diabetes mellitus, this information will be used by the certifying medical examiner to evaluate any diabetes-related complications and/or target organ damage and to determine whether the individual's physical condition is adequate to enable the individual to operate a commercial motor vehicle safely. The final determination as to whether the individual listed in this form is physically qualified to drive a commercial motor vehicle will be made by the certifying medical examiner.

As the certifying medical examiner, I request that you review and complete this form, and return it to me via the individual, or at the mailing address, email address, or fax number specified below.

____
Printed Name of Certified Medical Examiner

____
Signature of Certified Medical Examiner

____
Date

____
Email

____
Phone Number

____
Fax Number

____
Street Address

____
City, State, Zip Code

This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required.

Driver Name: ______________________

Non-Insulin-Treated Diabetes Mellitus Diagnosis

1. Date of diabetes mellitus diagnosis: ______________
2. Medications - List all diabetes-related medications, dosage, and date treatment initiated *(attach additional pages if necessary)*

   Medication: ______________ Dosage: ______________ Date started: ______________

   Medication: ______________ Dosage: ______________ Date started: ______________

   Medication: ______________ Dosage: ______________ Date started: ______________

ATTACH FILE

Blood Glucose Self-Monitoring

3. How many times per day is the individual testing blood glucose levels? ______________
4. Is the individual compliant with glucose monitoring based on the individualized diabetes treatment plan?

   ☐ Yes ☐ No

Diabetes Management and Control

5. Has the individual been on a stable individualized diabetes treatment plan with good glucose control?

   ☐ Yes ☐ No

   If no, explain why not *(attach additional pages if necessary)*:

   ____

   ____

ATTACH FILE

6. Has the individual experienced any recent severe hypoglycemic episodes *(e.g., episodes requiring the assistance of others or resulting in loss of consciousness, seizure, or coma)*?

   ☐ Yes ☐ No

   If yes, provide date(s) of occurrence and associated details *(attach additional pages if necessary)*:

   ____

   ____

ATTACH FILE

7. Has the individual experienced any recent significant hyperglycemic episodes *(e.g., diabetic ketoacidosis and diabetic hyperglycemic hyperosmolar syndrome)*?

   ☐ Yes ☐ No

   If yes, provide date(s) of occurrence and associated details *(attach additional pages if necessary)*:

   ____

   ____

ATTACH FILE

This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required.

OMB No.: 2126-0081
Expiration Date: 01/31/2027

Driver Name: ______________________

Hemoglobin A1c (HbA1c) Measurements

8. Has the individual had HbA1c measured intermittently over the last 12 months?

☐ Yes ☐ No

If yes, attach the most recent result. ATTACH FILE

Diabetes Complications

9. Does the individual have signs of diabetes complications or target organ damage?

a. Renal disease/renal insufficiency *(e.g., diabetic nephropathy, proteinuria, nephrotic syndrome)*?

☐ Yes ☐ No

If yes, provide the date of diagnosis, current treatment, and whether the condition is stable:

____

____

b. Cardiovascular disease *(e.g., coronary artery disease, hypertension, transient ischemic attack, stroke, peripheral vascular disease)*?

☐ Yes ☐ No

If yes, provide the date of diagnosis, current treatment, and whether the condition is stable:

____

____

c. Neurological disease/autonomic neuropathy *(e.g., cardiovascular, gastrointestinal, genitourinary)*?

☐ Yes ☐ No

If yes, provide the date of diagnosis, current treatment, and whether the condition is stable:

____

____

d. Peripheral neuropathy *(e.g., sensory loss, decreased sensation, loss of vibratory sense, loss of position sense)*?

☐ Yes ☐ No

If yes, provide the date of diagnosis, current treatment, and whether the condition is stable:

____

____

e. Lower limb *(e.g., foot ulcers, amputated toes/foot, infection, gangrene)*?

☐ Yes ☐ No

If yes, provide the date of diagnosis, current treatment, and whether the condition is stable:

____

____

This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required.

Driver Name: ______________________

f. Other?

☐ Yes ☐ No

If yes, provide the condition, date of diagnosis, current treatment, and whether the condition is stable:

____

____

Diabetic Retinopathy

10. Date of last eye examination: ______________

11. Has the individual been diagnosed with either severe non-proliferative diabetic retinopathy or proliferative diabetic retinopathy?

☐ Yes ☐ No

If yes, provide date of diagnosis: ______________

Comments *(if necessary)*:

____

____

____

I am the treating healthcare provider for the above individual.

☐ Yes ☐ No

***Comments** (if necessary):*

____

____

____

Printed Name of Treating Healthcare Provider	*Signature of Treating Healthcare Provider*
Professional License Number and State	*Date*
Phone Number	*Email*
Street Address	*City, State, Zip Code*

This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required.